

James T. Chok, Ph.D., BCBA–D
Curriculum Vita
November 2018

Contact Information:

21 W. Washington Street, Suite B
West Chester, PA 19380
(610) 787-0059
doctorchok@gmail.com
www.doctorchok.com

**Current
Position**

Private Practice, West Chester, PA

- Conduct neuropsychological evaluations to identify learning and emotional strengths and limitations in children and adults
- Specialize in diagnostic assessments for Autism, Mild Cognitive Impairment, Dementia, and complex psychiatric issues
- Provide Cognitive-Behavioral Therapy for a variety of psychological disorders, including OCD, Panic Disorder, Tic Disorder, School Refusal, Mood Disorders, and Social Anxiety Disorder
- Provide executive functioning skills training for students
- CBT treatment for insomnia and sleep disturbances

**Education/
Training**

07/06-06/08

**McLean Hospital/Harvard Medical School, Neuropsychology
Postdoctoral Fellow**

- Conducted neuropsychological and psychological evaluations in a child/adolescent outpatient setting
- Provided behavioral consultation at the Shore Educational Collaborative in Chelsea, MA

07/05-06/06

McLean Hospital/Harvard Medical School, Psychology Intern

- Conducted neuropsychological evaluations and coordinated treatment for patients with dementia as part of a multidisciplinary team of neurologists, neuropsychologists, psychiatrists, social workers and nursing staff
- Provided CBT-based group therapy, consultation-liaison, and case management services in a partial hospital setting
- Attended weekly DBT case conference, CBT, Psychodynamic, and Special Topics seminars
- Provided outpatient therapy for adults
- Conducted outpatient therapy group for psychotic patients in a residential program

08/00-07/06

**University of North Carolina at Greensboro
Clinical Psychology, Ph.D.**

08/95-12/99

**The Pennsylvania State University, University Park, PA
Psychology, B.A.**

Licensure/ Certification

05/10 - Present Board Certified Behavior Analyst – Doctoral (#1-10-7185)
 06/14 - Present Licensed Psychologist, Health Service Provider – Pennsylvania (PS017596)
 06/07 – 06/16 Licensed Psychologist, Health Service Provider – Massachusetts (#8724)

Service

2018 – Present PennABA, President
 2013- 2015 International OCD Foundation – New Hampshire Affiliate, Vice President

Honors/Awards

10/11 **The Berkshire Association for Applied Behavior Analysis and Therapy (BABAT) *Outstanding Practitioner Award***

- Selected as recipient of award amongst clinicians providing behavior analytic services in one of the five New England states

08/01 – 07/02 **University of North Carolina at Greensboro. *UNCG Excellence Fellowship.***

- Nominated by the Graduate Department of Psychology
- Selected as recipient amongst graduate students (across departments) attending UNCG
- Awarded for academic excellence

Summer 1999 **Summer Undergraduate Research Fellowship (SURF)**

- 1 of 12 Penn State students awarded funds to perform research with psychology faculty
- Presented results to a panel of faculty from the Department of Psychology

Teaching Experience

11/10 - Present ***University of Massachusetts at Boston***
 Instructor, Behavior Analytic Approaches to Psychological Disorders

Instructor, Applied Behavior Analysis: Extended Applications II (measurement, experimental design, and research ethics)

Assisting in development of Master's program in ABA

2/12 – 4/14 ***Endicott College***
 Instructor, Measurement and Experimental Evaluation of Behavioral Interventions

Summer 2010/
 2011/2012 ***University of Massachusetts at Boston***
 Instructor, Pioneers of Applied Behavior Analysis (Single 5 hour class)

08/02 – 05/05 ***University of North Carolina at Greensboro***
 Instructor, Behavioral Principles of Learning and Motivation (6 sections)
 Instructor, Introduction to Psychology (2 sections)

**Related
Training**

- 09/06-05/08 Neuroanatomy Course/McLean Hospital (Monthly, 2 hours)
- 07/06-06/08 Child Neuropsychology Rounds/McLean Hospital (Weekly, 1.5 hours)
- 09/06-05/07 Neuropsychology Seminar/Beth Israel Deaconess (Weekly, 1.5 hours)
- 09/06-05/07 Neuropsychology Case Conference/Professional Development/Beth Israel Deaconess (Weekly, 1.25 hours)
- 08/05-05/07 Neurology Rounds/McLean Hospital (Weekly, 2 hours)
- 08/05-06/06 Geriatric Neuropsychology Rounds/McLean Hospital (Weekly, 1 hour)
- 05/04 ***Pharmacological Interventions for Treatment-Resistant Bipolar Disorder***
3 hour Presentation by Fredrick Goodwin, M.D.
Funded by GlaxoSmithKline
Greensboro, North Carolina
- 09/02-12/03 ***Systems of Care***
Lecture series by Joanna Flynn, LCSW
Presentations on systems of care, child maltreatment assessment, functioning as a team member. Funded by the Graduate Psychology Education Program Grant. University of North Carolina – Greensboro
- 03/03-11-03 ***Behavioral Pharmacology***
6 week lecture series by Dr. Irving Lugo, Psychiatrist
Presentation on psychotropic drugs: modes of action, indications for use, side effects. Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 10/03 ***Cognitive Therapy for Personality Disorders***
4 hour workshop by Judith Beck, Ph.D.
Funded by the North Carolina Psychological Foundation and Association Chapel Hill, North Carolina
- 09/03 ***Multisystemic Therapy***
4 hour workshop by Charles Borduin, Ph.D.
Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 09/03 ***Parent Child Interaction Therapy***
6 hour workshop by Cheryl McNeil, Ph.D.
Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 04/02 ***Acceptance and Commitment Therapy***
1.5 lecture and 4 hour workshop by Kelly Wilson, Ph.D.
University of North Carolina – Greensboro

**Previous
Clinical
Experience**
10/13-10/17

Melmark Pennsylvania, Senior Director of Clinical Services, Residential Treatment Facility (RTF)

- Developed assessment and treatment curricula to train senior staff members across departments (children's, adult services, RTF)
- Developed research agenda based upon clinical programs to be presented at conferences and developed into marketable products
- Worked with the executive leadership team to define, organize, and advance the clinical standards of the RTF
- Coordinated admissions and discharges to the RTF with Managed Care Organizations (MCOs)
- Participated in hiring of RTF staff members
- Supervised a team of senior behavior analysts
- Assisted senior behavior analysts in the assessment and treatment of severe problem behavior across PA and New England sites

09/10-05/14

Director of Training for the Massachusetts School of Professional Psychology (MSPP) practicum at Melmark New England

- Supervised doctoral students in psychology enrolled at MSPP
- Developed training standards and performance objectives for students

07/08-10/13

Melmark New England, Behavioral Psychologist/Neuropsychologist

- Conducted neuropsychological evaluations
- Performed functional behavioral assessments and developed behavioral interventions
- Provided training and supervision for staff members in school and residential settings
- Chair, Human Rights Committee
- Co-Leader, Functional Analysis Task Force
- Conducted internal and external investigations of unusual incidents that may have resulted in ethical violations

05/03-05/05

Assistant Director, University of North Carolina at Greensboro, Psychology Clinic

- Coordinated clinic services to be in compliance with managed care contract policies and regulations
- Provided training to upcoming students regarding Medicaid policies, clinic emergency pager service, and HIPAA policies
- Responsible for developing, updating, and maintaining clinic policies, achieved by co-leading clinic meetings, constructing a comprehensive clinic policy manual, training upcoming students and support staff, and regular consultation with student therapists and supervisors
- Reviewed approximately 50 clinic charts each month to ensure compliance with Medicaid contract and prepare for billing
- Conducted initial intakes for new clients
- Assigned therapy and assessment clients to therapists

08/01-05/05

Practicum Student, University of North Carolina at Greensboro, Psychology Clinic.

- Conducted individual, group, family, and couples therapy in a community-based clinic (clients aged 5-65)
- Main disorders treated included psychotic disorders, mood and anxiety disorders, severe personality disorders, conduct disorder, oppositional defiant disorder, attention-deficit hyperactivity disorder, separation anxiety disorder
- Interventions included Cognitive-Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, Functional Analytic Psychotherapy, Interpersonal Therapy, and Multisystemic Therapy
- Conducted earning disability, advanced learner, and comprehensive psychological evaluations (2x/month)
- Focus on coordinating psychiatric and psychological care between inpatient and outpatient settings and minimizing re-hospitalization

05/04-08/04

Psychiatric Inpatient Externship, Moses Cone Hospital/Behavioral Health Center.

- Worked with a multidisciplinary team, including psychiatrists, licensed clinical social workers, registered nurses, and licensed professional counselors
- Most patients treated had a serious psychotic illness, mood disorder, personality disorder, and/or substance dependence
- Assisted psychiatrist in diagnostic formulation and recommendations for family sessions and discharge
- Assisted patients in recognizing antecedents of hospitalization and provided clear and specific instructions at discharge to help minimize risk for future hospitalization
- Co-facilitated Anxiety and Mood Disorders group
- Co-facilitated Chemical Dependence Intensive Outpatient Therapy group
- Observed community-based Alcoholics Anonymous group and Grief and Loss group

Research Experience

07/08-Current

- Lead role developing a functional analysis skills training curriculum based on the scientific literature
- Served on Melmark's Senior Research Committee
- Conducted research as part of job responsibilities at Melmark, Inc.

- 07/05-06/08 **Research Assistant, Treatment-Outcome of Cognitive-Behavioral Therapy in a Partial Hospital Setting, McLean Hospital, Behavioral Health Partial Program, Belmont, MA.**
- 12/02-05/05 **Project Coordinator, Neuropsychological Functioning in Individuals At- Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- Constructed a theoretically and empirically driven 15-test battery (administration time: 2.5-3.0 hours)
 - Battery designed to assess patterns of executive functioning, attention, and memory deficits in individuals prone to psychosis as identified by the Chapman scales
 - Trained 4 undergraduates in the administration and scoring of the battery
 - Led weekly hour-long supervision group during the academic year
 - Conducted 65 neuropsychological assessments
 - Scored 153 neuropsychological test batteries
 - Created and maintained database
 - Successfully defended as dissertation
- 01/02-05/05 **Research Assistant, Preventing Youth Violence Through the Use of Dialectical Behavior Therapy, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- Development of therapy materials
 - Co-leader of 3, 16-week, 2-hour groups (and maintenance sessions)
 - Served as peer supervisor and coordinator of additional groups
 - Facilitator for parent informational groups
 - Involved in the development of a grant proposal
 - Scored and entered data
 - Conducted inter-rater reliability assessments
 - Collected pre-, post-, weekly, and follow-up data
 - Coordinated with community agencies, including the Greensboro Police Department, to increase community involvement
- 08/00-05/05 **Project Coordinator, Dermatoglyphic Anomalies in Psychosis-Prone Young Adults, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- Developed scoring manual for dermatoglyphic anomalies
 - Collected data on more than 300 participants
 - Provided training and supervision for 6 undergraduate assistants
 - Scored and analyzed 13 dermatoglyphic indices
 - Project led to the discovery of a unique anomaly found in elevated rates in psychosis-prone participants

- 08/01-11/02 **Project Coordinator, Multi-Method Assessment of Risk in Psychosis- Prone Young Adults Study, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- Examined select cognitive and motor impairments, as well as prenatal markers of risk in psychosis-prone young adults
 - Administered, scored, and analyzed data
 - Trained 3 undergraduates in the administration and scoring of measures
- 08/02-09/03 **Dermatoglyphic Consultant, 22q11 Deletion Syndrome and Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- 08/02-09/03 **Dermatoglyphic Consultant, The Negative Symptom Manual and Social Anhedonia in Individuals At-Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- 01/99-06/00 **Research Assistant, Department of Psychology, Penn State University, University Park, PA.**
- Investigated the effects of concussion on athletes
 - Administered and scored neuropsychological screening batteries for the Penn State Division I project and National Hockey League project
 - Created and maintained databases
 - Created instructional videotape for test administration
 - Coordinated data collection with participating neuropsychologists
 - Tests included the Boston Naming Test, PSU Cancellation Task, Hopkins Verbal Learning Test, Balance Test, among others
- 09/98-06/00 **Research Assistant, Department of Psychology, Penn State University, University Park, PA.**
- Investigated the underpinnings of prejudice
 - Trained procedural techniques to undergraduates
 - Created materials for the project (questionnaires, videotapes)
 - Tested participants and analyzed data
 - Provided assistance to Dr. Pinel on other projects

Publications

- (2018) Chok, J. T. Creating functional analysis graphs using Microsoft Excel® 2016 for PCs. *Behavior Analysis in Practice*.
- (2016) Chok, J. T., & Harper, J. Heart rate assessment and use of a multiple schedule for an individual with obsessive compulsive-like behavior. *Journal of Developmental and Physical Disabilities*, 28, 821-834.
- (2015) England, J., & Chok, J. Rumination: Past, present, and future. *Autism Spectrum News, Spring Edition*, 7.4.

- (2014) Chok, J. T., & Koesler, B. Distinguishing obsessive-compulsive behavior from stereotypy: A preliminary investigation. *Behavior Modification*, 38 (3), 344-373.
- (2013) Demanche, J. D., & Chok, J. T. The Use of Wrist Weights and Vibratory Stimulation to Treat Self-Injurious Behavior. *Journal of Developmental and Physical Disabilities*, 25, 79-90.
- (2012) Chok, J. T., Shlesinger, A. S., Studer, L. S., & Bird, F. Description of a Practitioner Training Program on Functional Analysis and Treatment Development. *Behavior Analysis in Practice*, Volume 5 (2), 25-36.
- (2011) Reed, D. D., DiGennaro Reed, F. D., Chok, J. T., & Brozyna, G. A. Translating the “Tyranny” of Choice: Choice Overload as Effort Discounting. *Psychological Record*, 61, 547-560.
- (2010) Chok, J. T., Reed, D. D., Kennedy, A. K., & Bird, F. A Single-Case Experimental Analysis of the Efficacy of Ambient Prism Lenses for an Adolescent with Developmental Disabilities. *Behavior Analysis in Practice*, Volume 3 (2), 42-51.
- (2010) Chok, J. T., Demanche, J. D., Kennedy, A. K., & Studer, L. Utilizing Physiological Measures to Facilitate Phobia Treatment with Individuals with Autism and Intellectual Disability: A Case Study. *Behavioral Interventions*, 25 (4), 325-337.
- (2006) Nelson-Gray, R.O., Keane, S.P., Hurst, R.M., Mitchell, J.T., Warburton, J.B., Chok, J.T., & Cobb, A. R. A modified DBT skills training program for oppositional defiant adolescents: promising preliminary findings. *Behaviour Research and Therapy*, 44, 1811-1820.
- (2005) Chok, J.T., Kwapil, T.R., Scheurmann, A. Dermatoglyphic anomalies in psychometrically identified schizotypic young adults. *Schizophrenia Research*, 72 (2-3), 205-214.
- (2005) Chok, J.T., Kwapil, T.R. Extralimital triradii as a putative marker of schizophrenia. *Schizophrenia Research*, 76 (2-3), 239-245.

**Workshops/
Presentations**

05/18

Dowdy, A., Finlay, A., Hinchcliffe, R. & Salee, J. Assessment and treatment, using IISCA, for two individuals who refuse to transition away from the pool. **IN CHOK, J. (CHAIR), Using the IISCA to inform functional analysis and treatment development.** Symposium conducted at the 44th annual convention of the Association for Behavior Analysis International, San Diego, CA.

- 05/18 Quigley, J., Dayton, E., DiPietro, A., Nipe, T., Hinchcliffe, R., Gill, A., Finlay, M. & **CHOK, J. Medication and applied behavior analysis: A prescription for best practice.** In Griffith, A. (Chair), Psychotropic medication and applied behavior analysis. Symposium conducted at the 44th annual convention of the Association for Behavior Analysis International, San Diego, CA.
- 04/18 **CHOK, J. Expanding behavior analysis.** Keynote address at the Annual Parent Autism Conference at Endicott College.
- 04/17 **CHOK, J. Identifying obsessive-compulsive behavior in children with autism.** Workshop conducted at the 19th annual conference of the Pennsylvania Association for Behavior Analysis, Hershey, PA.
- 04/17 **CHOK, J., & DiPIETRO, A. Integrating behavior analytic and psychiatric services.** Workshop conducted at the 19th annual conference of the Pennsylvania Association for Behavior Analysis, Hershey, PA.
- 10/16 **CHOK, J. (CHAIR & DISCUSSANT). Behavioral change through collaboration.** Symposium conducted at the 37th annual conference of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.
- 05/16 **CHOK, J. (CHAIR). Expanding opportunities for social involvement through the analysis and treatment of challenging behavior during transitions.** Symposium conducted at the 42nd annual convention of the Association for Behavior Analysis International, Chicago, IL.
- 05/16 **CHOK, J. (CHAIR). The assessment and treatment of automatically maintained pica.** Symposium conducted at the 42nd annual convention of the Association for Behavior Analysis International, Chicago, IL.
- 05/15 **CHOK, J. (CHAIR). Collaboration of psychiatry and applied behavior analysis: Systematic evaluation of treatment packages, medication packages, and emotional states.** Symposium conducted at the 41st annual convention of the Association for Behavior Analysis International, San Antonio, TX.
- 05/14 **CHOK, J.T., & HARPER, J. A comprehensive training program for functional analysis and treatment development.** Workshop presented at the meeting of the Association for Behavior Analysis International, Chicago, IL.
- 10/13 **CHOK, J.T.& HARPER, J. A review of treatments for OCD and repetitive behavior in children with autism.** Presented at the Rockland Autism Symposium, Pearl River, NY.
- 04/13 **CHOK, J. T. The assessment and treatment of OCD in individuals with autism.** Presented at the Massachusetts Association for Applied Behavior Analysis annual conference, Waltham, MA.

- 10/12 **CHOK, J. T. Incorporating physiological measures into the assessment and treatment of anxiety.** Presented at the Berkshire Association for Behavior Analysis and Therapy annual conference, Amherst, MA.
- 05/12 **CHOK, J. T., Shlesinger, A. S., Studer, L., & Bird, F. B. A functional analysis skills training program for clinicians.** Presented at the Association for Behavior Analysis International, Seattle, WA.
- 05/12 **Bailey, J., Weiss, M. J., Zane, T., Dores, P., & Chok, J. (Chair). Behaviorists behaving badly: Why behavior analysts sometimes use fad or pseudo-scientific treatments, and how we can maintain fealty to our science.** Presented at the Association for Behavior Analysis International, Seattle, WA.
- 03/12 **CHOK, J. T. The assessment and treatment of OCD in individuals with autism.** Presented at The Federation for Children with Special Needs Conference, Boston, MA.
- 05/11 **CHOK, J. T. Using the Vineland-II to measure adaptive skill development.** Presented at the Association for Behavior Analysis International, Denver, CO.
- 05/10 *Assessing Adaptive Functioning Using the Vineland – II*
Conducted by James T. Chok, Ph.D. & Derek Reed, Ph.D.
Association for Behavior Analysis International Convention
San Antonio, TX
- 05/10 *Integrating ABA with Psychiatry: An Interdisciplinary Approach to Medication Management*
Conducted by Lisa Studer, M.S., James T. Chok, Ph.D., Silva Orchanian, M.Ed., & Frank Bird, M.Ed. Presented at the Association for Behavior Analysis International Convention, San Antonio, TX
- 04/10 *Identification and neuropsychological features of AD/HD, Bipolar Disorder, OCD, and ODD*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA
- 03/10 *The Impact of Psychiatric Medications on Neurocognition*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA
- 03/10 *Recognition and Treatment of Childhood and Adolescent Depression*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA

10/09 ***Evaluation of Ambient Prism Lenses as a Therapy for an Adolescent with Autism***

Presented by Derek D. Reed, Ph.D., James T. Chok, Ph.D., & Frank Bird, M.Ed.

Discussant: Richard M. Foxx

Symposium: Evaluating Controversial Therapies for Individuals with Developmental Disabilities

09/09 ***Assessing Children with Special Needs***

Conducted by James T. Chok, Ph.D. Funded by Fall River Public School System, Fall River, MA

Four-part, full day presentation and workshop

- *Assessing the Intelligence of Individuals with Special Needs*
- *Assessing Adaptive Functioning*
- *Common Neuropsychological Strengths and Limitations*
- *Getting the Most out of Testing: Establishing Rapport and Testing of Limits*

06/09 ***Assessment of Comorbidity and Personality Traits in OCD***

Presentation by James T. Chok, Ph.D. Funded by the Obsessive Compulsive Disorder Institute (OCDI) McLean Hospital/Harvard Medical School, Belmont, MA

12/08 ***The Neuropsychology of Obsessive Compulsive Disorder***

Presentation by James T. Chok, Ph.D. Funded by the Obsessive Compulsive Disorder Institute (OCDI) McLean Hospital/Harvard Medical School, Belmont, MA

Poster Presentations

(2018)

DiPietro, A., Dayton, E., Quigley, J., Nipe, T., Hinchcliffe, R., Gill, A., Finlay, A. & Chok, J. (February). Reducing Risk for Metabolic Syndrome in Individuals with Autism Spectrum Disorder through Polypharmacy Reduction and an Interdisciplinary ABA Treatment Model. Poster session presented at 12th annual autism conference of the Association for Behavior Analysis International, Miami, FL.

(2015)

DiPietro, A. M., Dayton, E., Quigley, J., Nipe, T., Chok, J. (November). Collaboration of Psychiatry and Applied Behavior Analysis: Systematic Evaluation of Treatment Packages, Medication Packages, and Emotional States. Poster session presented at the 11th annual Neuroscience Education Institution Psychopharmacology Congress, Orlando, FL.

(2007)

Grandin, L.D., Cutter, C., Chok, J., Becker, J., Jacob, K., Neuhaus, E. Behavioral Scheduling and Psychopathology in a Partial Hospital Setting. Presented at ABCT: Philadelphia, PA.

- (2006) Jacob, K., Kim, H.J., Kopeski, L., Cutter, C., Chok, J., Magovcevic, M., Becker, J., Neuhaus, E. Skill Acquisition as a Mediator of Treatment Outcome in a Short-term Partial Hospital Program. Presented: ABCT: Chicago, IL
- (2003) Chok, J.T., Kwapil, T.R. Extralimital Triradii: Discovery of a Marker of Risk for Schizophrenia? *International Congress on Schizophrenia Research.*
- (2002) Chok, J.T., Kwapil, T.R., Scheurmann, A. Dermatoglyphic Anomalies in Psychometrically Identified Schizotypic Young Adults. *Society for Research in Psychopathology.*

Editorial Experience

- 07/13 - Current Guest Reviewer, Behavior Analysis in Practice
 09/13 - Current Guest Reviewer, Behavioral Interventions
 09/14 – Current Guest Reviewer, Journal of Developmental and Physical Disabilities
 06/12 – 6/14 Guest Reviewer, Journal of Applied Behavior Analysis

Related Clinical Experiences

- 05/99-06/00 **Strawberry Fields, Inc., State College, PA Residential Counselor**
- Provided emotional support and assisted clients with independent living skills
 - Monitored client medication
 - Resolved crisis situations
- 07/98-08/99 **Centre County Youth Service Bureau, State College, PA Big Brother**
- Provided emotional support for disadvantaged youth
 - Met with Little Brother four hours each week

Topical Seminars

- 01/04-05/04 Development of Antisocial Behavior, Susan Calkins, Ph.D.
 08/03-12/03 Interference and Forgetting, Mike Kane, Ph.D.
 01/02-05/02 Social Attitude Theory, Julia Jacks, Ph.D.
 08/01-12/01 Behavior Analytic Approaches to Psychotherapy, Scott Lawrence, Ph.D.