

James T. Chok, Ph.D., BCBA–D
Curriculum Vita

Education

09/09-01/10

University of Massachusetts – Boston

- Applied Behavior Analysis: Extended Applications I
- Applied Behavior Analysis: Extended Applications II

08/00-07/06

University of North Carolina at Greensboro

Clinical Psychology, Ph.D.

08/95-12/99

The Pennsylvania State University, University Park, PA

Psychology, B.A.

**Licensure/
Certification**

05/10 - Present

Board Certified Behavior Analyst – Doctoral (#1-10-7185)

06/07 - Present

Licensed Psychologist, Health Service Provider – Massachusetts (#8724)

06/14 - Present

Licensed Psychologist, Health Service Provider – Pennsylvania (PS017596)

Service

2013- Present

International OCD Foundation – New Hampshire Affiliate, Vice President

Honors/Awards

10/11

The Berkshire Association for Applied Behavior Analysis and Therapy (BABAT) *Outstanding Practitioner Award*

- Selected as recipient of award amongst clinicians providing behavior analytic services in one of the five New England states

08/01 – 07/02

University of North Carolina at Greensboro. *UNCG Excellence Fellowship.*

- Nominated by the Graduate Department of Psychology
- Selected as recipient amongst graduate students (across departments) attending UNCG
- Awarded for academic excellence

Summer 1999

Summer Undergraduate Research Fellowship (SURF)

- 1 of 12 Penn State students awarded funds to perform research with psychology faculty
- Presented results to a panel of faculty from the Department of Psychology

Teaching Experience

11/10 - Present

University of Massachusetts at Boston

Instructor, Applied Behavior Analysis: Extended Applications II (measurement, experimental design, and research ethics)

Instructor, Behavior Analytic Approaches to Psychological Disorders

Assisting in development of Master's program in ABA

2/12 – 4/14

Endicott College

Instructor, Measurement and Experimental Evaluation of Behavioral Interventions

Summer 2010/
2011/2012

University of Massachusetts at Boston

Instructor, Pioneers of Applied Behavior Analysis (Single 5 hour class)

08/02 – 05/05

University of North Carolina at Greensboro

Instructor, Learning and Motivation (6 sections)

Instructor, Introduction to Psychology (2 sections)

Clinical Experience

10/13-Current

Melmark Pennsylvania, Behavioral Neuropsychologist and Director of Clinical Services, Residential Treatment Facility (RTF)

- Develop assessment and treatment curricula to train senior staff members across departments (children's, adult services, RTF)
- Develop research agenda based upon clinical programs to be presented at conferences and developed into marketable products
- Work as a team to define, organize, and advance the clinical standards of the RTF
- Coordinate admissions and discharges to the RTF
- Participate in hiring of RTF staff members
- Supervise a team of senior behavior analysts
- Assist senior behavior analysts in the assessment and treatment of severe problem behavior across PA and New England sites

07/06 – Current

Private Practice

- Conduct neuropsychological evaluations to identify learning and emotional strengths and limitations
- Provide Cognitive-Behavioral Therapy for a variety of psychological disorders

09/10-05/14

Director of Training for the Massachusetts School of Professional Psychology (MSPP) practicum at Melmark New England

- Supervised doctoral students in psychology from MSPP
- Developed training standards and performance objectives for students

07/08-10/13

Melmark New England, Behavioral Psychologist/Neuropsychologist

- Conducted neuropsychological evaluations
- Performed functional behavioral assessments and developed behavioral interventions
- Provided training and supervision for staff members in school and residential settings
- Chair, Human Rights Committee
- Co-Leader, Functional Analysis Task Force
- Conducted internal and external investigations of unusual incidents that may have resulted in ethical violations

07/06-06/08

McLean Hospital/Harvard Medical School, Neuropsychology Postdoctoral Fellow

- Conducted neuropsychological and psychological evaluations in a child/adolescent outpatient setting
- Provided behavioral consultation at the Shore Educational Collaborative in Chelsea, MA

07/05-06/06

McLean Hospital/Harvard Medical School, Psychology Intern

- Provided CBT-based group therapy, consultation-liaison, and case management services in a partial hospital setting
- Conducted neuropsychological evaluations and coordinated treatment for patients with dementia as part of a multidisciplinary team of neurologists, neuropsychologists, psychiatrists, social workers and nursing staff
- Attended weekly DBT case conference, CBT, Psychodynamic, and Special Topics seminars
- Provided outpatient therapy for adults
- Conducted outpatient therapy group for psychotic patients in a residential program

05/03-05/05

Assistant Director, University of North Carolina at Greensboro, Psychology Clinic

- Coordinated clinic services to be in compliance with managed care contract policies and regulations
- Provided training to upcoming students regarding Medicaid policies, clinic emergency pager service, and HIPAA policies
- Responsible for developing, updating, and maintaining clinic policies, achieved by co-leading clinic meetings, constructing a comprehensive clinic policy manual, training upcoming students and support staff, and regular consultation with student therapists and supervisors
- Reviewed approximately 50 clinic charts each month to ensure compliance with Medicaid contract and prepare for billing
- Conducted initial intakes for new clients
- Assigned therapy and assessment clients to therapists

08/01-05/05

Practicum Student, University of North Carolina at Greensboro, Psychology Clinic.

- Conducted individual, group, family, and couples therapy in a community-based clinic (clients aged 5-65)
- Main disorders treated included psychotic disorders, mood disorders, severe personality disorders, conduct disorder, oppositional defiant disorder, attention-deficit hyperactivity disorder, separation anxiety disorder
- Interventions included Cognitive-Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, Functional Analytic Psychotherapy, Interpersonal Therapy, and Multisystemic Therapy
- Learning disability, advanced learner, and comprehensive psychological evaluations (2x/month)
- Focus on coordinating psychiatric and psychological care between inpatient and outpatient settings and minimizing re-hospitalization

05/04-08/04

Psychiatric Inpatient Externship, Moses Cone Hospital/Behavioral Health Center.

- Worked with a multidisciplinary team, including psychiatrists, licensed clinical social workers, registered nurses, and licensed professional counselors
- Most patients treated had a serious psychotic illness, mood disorder, personality disorder, and/or substance dependence
- Assisted psychiatrist in diagnostic formulation and recommendations for family sessions and discharge
- Assisted patients in recognizing antecedents of hospitalization and provided clear and specific instructions at discharge to help minimize risk for future hospitalization
- Co-facilitated Anxiety and Mood Disorders group
- Co-facilitated Chemical Dependence Intensive Outpatient Therapy group
- Observed community-based Alcoholics Anonymous group and Grief and Loss group

Research Experience

07/08-Current

Conduct research as part of job responsibilities at Melmark, Inc. Serve on Senior Research Committee.

07/05-06/08

Research Assistant, Treatment-Outcome of Cognitive-Behavioral Therapy in a Partial Hospital Setting, McLean Hospital, Behavioral Health Partial Program, Belmont, MA.

12/02-05/05

Project Coordinator, Neuropsychological Functioning in Individuals At-Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.

- Constructed a theoretically and empirically driven 15-test battery (administration time: 2.5-3.0 hours)
- Battery designed to assess patterns of executive functioning, attention, and memory deficits in individuals prone to psychosis as identified by the Chapman scales
- Trained 4 undergraduates in the administration and scoring of the battery
- Led weekly hour-long supervision group during the academic year
- Conducted 65 neuropsychological assessments
- Scored 153 neuropsychological test batteries
- Created and maintained database
- Successfully defended as dissertation

01/02-05/05

Research Assistant, Preventing Youth Violence Through the Use of Dialectical Behavior Therapy, Clinical Psychology Department, University of North Carolina at Greensboro, NC.

- Development of therapy materials
- Co-leader of 3, 16-week, 2-hour groups (and maintenance sessions)
- Served as peer supervisor and coordinator of additional groups
- Facilitator for parent informational groups
- Involved in the development of a grant proposal
- Scored and entered data
- Conducted inter-rater reliability assessments
- Collected pre-, post-, weekly, and follow-up data
- Coordinated with community agencies, including the Greensboro Police Department, to increase community involvement

08/00-05/05

Project Coordinator, Dermatoglyphic Anomalies in Psychosis-Prone Young Adults, Clinical Psychology Department, University of North Carolina at Greensboro, NC.

- Developed scoring manual for dermatoglyphic anomalies
- Collected data on more than 300 participants
- Provided training and supervision for 6 undergraduate assistants
- Scored and analyzed 13 dermatoglyphic indices
- Project led to the discovery of a unique anomaly found in elevated rates in psychosis-prone participants

08/01-11/02

Project Coordinator, Multi-Method Assessment of Risk in Psychosis- Prone Young Adults Study, Clinical Psychology Department, University of North Carolina at Greensboro, NC.

- Examined select cognitive and motor impairments, as well as prenatal markers of risk in psychosis-prone young adults
- Administered, scored, and analyzed data
- Trained 3 undergraduates in the administration and scoring of measures

- 08/02-09/03 **Dermatoglyphic Consultant, 22q11 Deletion Syndrome and Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- 08/02-09/03 **Dermatoglyphic Consultant, The Negative Symptom Manual and Social Anhedonia in Individuals At-Risk for Schizophrenia, Clinical Psychology Department, University of North Carolina at Greensboro, NC.**
- 01/99-06/00 **Research Assistant, Department of Psychology, Penn State University, University Park, PA.**
- Investigated the effects of concussion on athletes
 - Administered and scored neuropsychological screening batteries for the Penn State Division I project and National Hockey League project
 - Created and maintained databases
 - Created instructional videotape for test administration
 - Coordinated data collection with participating neuropsychologists
 - Tests included the Boston Naming Test, PSU Cancellation Task, Hopkins Verbal Learning Test, Balance Test, among others
- 09/98-06/00 **Research Assistant, Department of Psychology, Penn State University, University Park, PA.**
- Investigated the underpinnings of prejudice
 - Trained procedural techniques to undergraduates
 - Created materials for the project (questionnaires, videotapes)
 - Tested participants and analyzed data
 - Provided assistance to Dr. Pinel on other projects

Publications

- (under review) Chok, J. T., & Harper, J. The use of heart rate to inform treatment selection for an individual with obsessive-compulsive behavior. *Behavior Modification*.
- (2014) Chok, J. T., & Koesler, B. Distinguishing obsessive-compulsive behavior from stereotypy: A preliminary investigation. *Behavior Modification*, 38 (3), 344-373.
- (2013) Demanche, J. D., & Chok, J. T. The Use of Wrist Weights and Vibratory Stimulation to Treat Self-Injurious Behavior. *Journal of Developmental and Physical Disabilities*, 25, 79-90.
- (2012) Chok, J. T., Shlesinger, A. S., Studer, L. S., & Bird, F. Description of a Practitioner Training Program on Functional Analysis and Treatment Development. *Behavior Analysis in Practice*, Volume 5 (2), 25-36.
- (2011) Reed, D. D., DiGennaro Reed, F. D., Chok, J. T., & Brozyna, G. A. Translating the “Tyranny” of Choice: Choice Overload as Effort Discounting. *Psychological Record*, 61, 547-560.

- (2010) Chok, J. T., Reed, D. D., Kennedy, A. K., & Bird, F. A Single-Case Experimental Analysis of the Efficacy of Ambient Prism Lenses for an Adolescent with Developmental Disabilities. *Behavior Analysis in Practice, Volume 3 (2)*, 42-51.
- (2010) Chok, J. T., Demanche, J. D., Kennedy, A. K., & Studer, L. Utilizing Physiological Measures to Facilitate Phobia Treatment with Individuals with Autism and Intellectual Disability: A Case Study. *Behavioral Interventions, 25 (4)*, 325-337.
- (2006) Nelson-Gray, R.O., Keane, S.P., Hurst, R.M., Mitchell, J.T., Warburton, J.B., Chok, J.T., & Cobb, A. R. A modified DBT skills training program for oppositional defiant adolescents: promising preliminary findings. *Behaviour Research and Therapy, 44*, 1811-1820.
- (2005) Chok, J.T., Kwapil, T.R., Scheurmann, A. Dermatoglyphic anomalies in psychometrically identified schizotypic young adults. *Schizophrenia Research, 72 (2-3)*, 205-214.
- (2005) Chok, J.T., Kwapil, T.R. Extralimital triradii as a putative marker of schizophrenia. *Schizophrenia Research, 76 (2-3)*, 239-245.

Workshops/ Presentations

- 05/14 **CHOK, J.T., & HARPER, J. A comprehensive training program for functional analysis and treatment development.** Workshop presented at the meeting of the Association for Behavior Analysis International, Chicago, IL.
- 10/13 **CHOK, J.T.& HARPER, J. A review of treatments for OCD and repetitive behavior in children with autism.** Presented at the Rockland Autism Symposium, Pearl River, NY.
- 04/13 **CHOK, J. T. The assessment and treatment of OCD in individuals with autism.** Presented at the Massachusetts Association for Applied Behavior Analysis annual conference, Waltham, MA.
- 10/12 **CHOK, J. T. Incorporating physiological measures into the assessment and treatment of anxiety.** Presented at the Berkshire Association for Behavior Analysis and Therapy annual conference, Amherst, MA.
- 05/12 **CHOK, J. T., Shlesinger, A. S., Studer, L., & Bird, F. B. A functional analysis skills training program for clinicians.** Presented at the Association for Behavior Analysis International, Seattle, WA.
- 05/12 **Bailey, J., Weiss, M. J., Zane, T., Dores, P., & Chok, J. (Chair). Behaviorists behaving badly: why behavior analysts sometimes use fad or pseudo-scientific treatments, and how we can maintain fealty to our science.** Presented at the Association for Behavior Analysis International, Seattle, WA.

- 03/12 **CHOK, J. T. The assessment and treatment of OCD in individuals with autism.** Presented at The Federation for Children with Special Needs Conference, Boston, MA.
- 05/11 **CHOK, J. T. Using the Vineland-II to measure adaptive skill development.** Presented at the Association for Behavior Analysis International, Denver, CO.
- 05/10 *Assessing Adaptive Functioning Using the Vineland – II*
Conducted by James T. Chok, Ph.D. & Derek Reed, Ph.D.
Association for Behavior Analysis International Convention
San Antonio, TX
- 05/10 *Integrating ABA with Psychiatry: An Interdisciplinary Approach to Medication Management*
Conducted by Lisa Studer, M.S., James T. Chok, Ph.D., Silva Orchanian, M.Ed., & Frank Bird, M.Ed. Presented at the Association for Behavior Analysis International Convention, San Antonio, TX
- 04/10 *Identification and neuropsychological features of AD/HD, Bipolar Disorder, OCD, and ODD*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA
- 03/10 *The Impact of Psychiatric Medications on Neurocognition*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA
- 03/10 *Recognition and Treatment of Childhood and Adolescent Depression*
Conducted by James T. Chok, Ph.D. Funded by Shore Educational Collaborative, Chelsea, MA
- 10/09 *Evaluation of Ambient Prism Lenses as a Therapy for an Adolescent with Autism*
Presented by Derek D. Reed, Ph.D., James T. Chok, Ph.D., & Frank Bird, M.Ed.
Discussant: Richard M. Foxx
Symposium: Evaluating Controversial Therapies for Individuals with Developmental Disabilities
- 09/09 *Assessing Children with Special Needs*
Conducted by James T. Chok, Ph.D. Funded by Fall River Public School System, Fall River, MA
- Four-part, full day presentation and workshop
- *Assessing the Intelligence of Individuals with Special Needs*
 - *Assessing Adaptive Functioning*
 - *Common Neuropsychological Strengths and Limitations*
 - *Getting the Most out of Testing: Establishing Rapport and Testing of Limits*

06/09 ***Assessment of Comorbidity and Personality Traits in OCD***
Presentation by James T. Chok, Ph.D. Funded by the Obsessive Compulsive Disorder Institute (OCDI) McLean Hospital/Harvard Medical School, Belmont, MA

12/08 ***The Neuropsychology of Obsessive Compulsive Disorder***
Presentation by James T. Chok, Ph.D. Funded by the Obsessive Compulsive Disorder Institute (OCDI) McLean Hospital/Harvard Medical School, Belmont, MA

Poster Presentations

(2007) Grandin, L.D., Cutter, C., Chok, J., Becker, J., Jacob, K., Neuhaus, E. Behavioral Scheduling and Psychopathology in a Partial Hospital Setting. Presented at ABCT: Philadelphia, PA.

(2006) Jacob, K., Kim, H.J., Kopeski, L., Cutter, C., Chok, J., Magovcevic, M., Becker, J., Neuhaus, E. Skill Acquisition as a Mediator of Treatment Outcome in a Short-term Partial Hospital Program. Presented: ABCT: Chicago, IL

(2003) Chok, J.T., Kwapil, T.R. Extralimital Triradii: Discovery of a Marker of Risk for Schizophrenia? *International Congress on Schizophrenia Research*.

(2002) Chok, J.T., Kwapil, T.R., Scheurmann, A. Dermatoglyphic Anomalies in Psychometrically Identified Schizotypic Young Adults. *Society for Research in Psychopathology*.

Editorial Experience

06/12 - Current Guest Reviewer, Journal of Applied Behavior Analysis

07/13 - Current Guest Reviewer, Behavior Analysis in Practice

09/13 - Current Guest Reviewer, Behavioral Interventions

Related Training

09/06-05/08 Neuroanatomy Course/McLean Hospital (Monthly, 2 hours)

07/06-06/08 Child Neuropsychology Rounds/McLean Hospital (Weekly, 1.5 hours)

09/06-05/07 Neuropsychology Seminar/Beth Israel Deaconess (Weekly, 1.5 hours)

09/06-05/07 Neuropsychology Case Conference/Professional Development/Beth Israel Deaconess (Weekly, 1.25 hours)

08/05-05/07 Neurology Rounds/McLean Hospital (Weekly, 2 hours)

08/05-06/06 Geriatric Neuropsychology Rounds/McLean Hospital (Weekly, 1 hour)

- 05/04 ***Pharmacological Interventions for Treatment-Resistant Bipolar Disorder***
3 hour Presentation by Fredrick Goodwin, M.D.
Funded by GlaxoSmithKline
Greensboro, North Carolina
- 09/02-12/03 ***Systems of Care***
Lecture series by Joanna Flynn, LCSW
Presentations on systems of care, child maltreatment assessment, functioning as a team member. Funded by the Graduate Psychology Education Program Grant. University of North Carolina – Greensboro
- 03/03-11-03 ***Behavioral Pharmacology***
6 week lecture series by Dr. Irving Lugo, Psychiatrist
Presentation on psychotropic drugs: modes of action, indications for use, side effects. Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 10/03 ***Cognitive Therapy for Personality Disorders***
4 hour workshop by Judith Beck, Ph.D.
Funded by the North Carolina Psychological Foundation and Association Chapel Hill, North Carolina
- 09/03 ***Multisystemic Therapy***
4 hour workshop by Charles Borduin, Ph.D.
Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 09/03 ***Parent Child Interaction Therapy***
6 hour workshop by Cheryl McNeil, Ph.D.
Funded by the Graduate Psychology Education Program Grant University of North Carolina – Greensboro
- 04/02 ***Acceptance and Commitment Therapy***
1.5 lecture and 4 hour workshop by Kelly Wilson, Ph.D.
University of North Carolina – Greensboro

Related Clinical Experiences

- 05/99-06/00 **Strawberry Fields, Inc., State College, PA
Residential Counselor**
- Provided emotional support and assisted clients with independent living skills
 - Monitored client medication
 - Resolved crisis situations
- 07/98-08/99 **Centre County Youth Service Bureau, State College, PA
Big Brother**
- Provided emotional support for disadvantaged youth
 - Met with Little Brother four hours each week

**Topical
Seminars**

01/04-05/04	Development of Antisocial Behavior, Susan Calkins, Ph.D.
08/03-12/03	Interference and Forgetting, Mike Kane, Ph.D.
01/02-05/02	Social Attitude Theory, Julia Jacks, Ph.D.
08/01-12/01	Behavior Analytic Approaches to Psychotherapy, Scott Lawrence, Ph.D.